

---

**PSYCHOLOGY**

**9990/41**

Paper 4 Specialist Options: Application

**May/June 2018**

MARK SCHEME

Maximum Mark: 60

---

**Published**

This mark scheme is published as an aid to teachers and candidates, to indicate the requirements of the examination. It shows the basis on which Examiners were instructed to award marks. It does not indicate the details of the discussions that took place at an Examiners' meeting before marking began, which would have considered the acceptability of alternative answers.

Mark schemes should be read in conjunction with the question paper and the Principal Examiner Report for Teachers.

Cambridge International will not enter into discussions about these mark schemes.

Cambridge International is publishing the mark schemes for the May/June 2018 series for most Cambridge IGCSE™, Cambridge International A and AS Level and Cambridge Pre-U components, and some Cambridge O Level components.

---

IGCSE™ is a registered trademark.

This document consists of **20** printed pages.

**Generic Marking Principles**

These general marking principles must be applied by all examiners when marking candidate answers. They should be applied alongside the specific content of the mark scheme or generic level descriptors for a question. Each question paper and mark scheme will also comply with these marking principles.

**GENERIC MARKING PRINCIPLE 1:**

Marks must be awarded in line with:

the specific content of the mark scheme or the generic level descriptors for the question  
the specific skills defined in the mark scheme or in the generic level descriptors for the question  
the standard of response required by a candidate as exemplified by the standardisation scripts.

**GENERIC MARKING PRINCIPLE 2:**

Marks awarded are always **whole marks** (not half marks, or other fractions).

**GENERIC MARKING PRINCIPLE 3:**

Marks must be awarded **positively**:

marks are awarded for correct/valid answers, as defined in the mark scheme. However, credit is given for valid answers which go beyond the scope of the syllabus and mark scheme, referring to your Team Leader as appropriate  
marks are awarded when candidates clearly demonstrate what they know and can do  
marks are not deducted for errors  
marks are not deducted for omissions  
answers should only be judged on the quality of spelling, punctuation and grammar when these features are specifically assessed by the question as indicated by the mark scheme. The meaning, however, should be unambiguous.

**GENERIC MARKING PRINCIPLE 4:**

Rules must be applied consistently e.g. in situations where candidates have not followed instructions or in the application of generic level descriptors.

**GENERIC MARKING PRINCIPLE 5:**

Marks should be awarded using the full range of marks defined in the mark scheme for the question (however; the use of the full mark range may be limited according to the quality of the candidate responses seen).

**GENERIC MARKING PRINCIPLE 6:**

Marks awarded are based solely on the requirements as defined in the mark scheme. Marks should not be awarded with grade thresholds or grade descriptors in mind.

<b>Section B: Design a study question part (a) (Generic response descriptor)</b>		
<b>Level</b>	<b>Marks</b>	<b>Level Descriptor</b>
4	9–10	<p>The design is appropriate to the named investigation and is based on thorough psychological knowledge.</p> <p>The design is accurate, coherent and detailed, and it tests the proposed investigation competently.</p> <p>Four or five design features are included. The features are clearly applied to the design throughout the answer and the candidate clearly understands the main features involved in designing an investigation.</p> <p>The response has proposed an appropriate design, has applied a range of relevant methodological design features with competence and shown clear understanding.</p>
3	7–8	<p>The design is appropriate to the named investigation and is based on good psychological knowledge.</p> <p>The design is accurate, coherent and detailed, and it tests the propose investigation competently.</p> <p>Two or three design features are included. The features are often applied to the design and the candidate shows good understanding in places.</p> <p>The response has proposed an appropriate design, has applied some relevant methodological design features and has shown good understanding.</p>
2	4–6	<p>The design is mostly appropriate to the named investigation and is based on psychological knowledge.</p> <p>The design is mostly accurate, coherent and detailed in places and it tests the proposed investigation.</p> <p>Design features are limited in their understanding.</p>
1	1–3	<p>The design may not be appropriate to the named investigation and use of terminology is sparse or absent. Basic psychological understanding is shown.</p> <p>The design lacks coherence and is limited in understanding.</p> <p>One or two appropriate design features are identified but incorrectly applied.</p> <p>The response lacks detail.</p>
0	0	No response worthy of credit.

<b>Section B: Explain a study question part (b) (Generic response descriptor)</b>		
<b>Level</b>	<b>Marks</b>	<b>Level Descriptor</b>
3	6–8	<p>Quality and depth of explanation is thorough.</p> <p>Description of knowledge is accurate, coherent and detailed.</p> <p>Use of terms is accurate and use of psychological terminology is comprehensive.</p> <p>Understanding of methodology (such as elaboration, use of example, quality of description) is very good.</p> <p>The design is effectively explained in relation to the topic area.</p> <p>There is a balance of methodology and topic area/relevant study knowledge.</p>
2	4–5	<p>Quality of explanation and depth of explanation is competent.</p> <p>Description of knowledge is mainly accurate, coherent and reasonably detailed.</p> <p>Use of terms is mainly accurate and use of psychological terminology is competent.</p> <p>Understanding of methodology (such as elaboration, use of example, quality of description) is good.</p> <p>The design is adequately explained in relation to the topic area.</p> <p>There is an imbalance of methodology and topic area/relevant study knowledge.</p>
1	1–3	<p>Quality of explanation and depth of explanation is basic.</p> <p>Description of knowledge is often accurate, generally coherent, but lacks detail.</p> <p>Use of terms is basic and use of psychological terminology is adequate.</p> <p>Understanding of methodology (such as elaboration, use of example, quality of description) is limited.</p> <p>The design is poorly explained in relation to the topic area.</p> <p>There is an imbalance of methodology and topic area/relevant study knowledge.</p>
0	0	No response worthy of credit

Question	Answer	Marks
<b>Section A: Stimulus question Psychology and abnormality</b>		
<b>1</b>	<b>Blaszczynski and Nower (2002) looked at the effect of imaginal desensitisation on patients with impulse control disorders and used relaxation (trigger) monitoring tables to measure the effectiveness of their therapy. These tables are completed at home by the patient. At the end of their treatment, the patient should report a significant reduction in the frequency and intensity of urges to act on impulse.</b>	
1(a)	<p><b>Explain the technique of ‘imaginal desensitisation’.</b></p> <p><b>Marks:</b> for components of: ‘relaxation’ <b>1 mark</b>, for ‘imaginal’ <b>1 mark</b>.</p> <p><b>Most likely answer</b> (other appropriate responses to be credited): The technique involves teaching a brief progressive muscle relaxation procedure. Clients are then instructed to visualize themselves being exposed to a situation that triggers the drive to carry out their impulsive behaviour, contemplating acting on their urge but then leaving the situation in a state of continued relaxation without having acted upon their urge. Sessions can be recorded on cassette audiotape for home-practice.</p>	<b>2</b>
1(b)	<p><b>Give <u>two</u> advantages of ‘imaginal desensitisation’.</b></p> <p><b>Marks:</b> for each advantage: <b>1 mark</b> basic answer. <b>2 marks</b> elaboration.</p> <p><b>Most likely answer</b> (other appropriate responses to be credited): From Blaszczynski and Nower:</p> <ul style="list-style-type: none"> <li>It reduces the strength of the drive to carry out an habitual behaviour</li> <li>It empowers the client by providing the necessary skills to resist such urges</li> <li>It enhances a sense of self-efficacy by demonstrating that the client is in control of his actions</li> <li>It can be used anywhere once the individual has learned the technique</li> <li>It can be applied to a range of similar problems</li> </ul>	<b>4</b>
1(c)	<p><b>Suggest <u>two</u> problems with the use of relaxation monitoring tables.</b></p> <p><b>Marks:</b> for each problem <b>1 mark</b> basic answer, <b>2 marks</b> elaboration</p> <p><b>Most likely answer</b> (other appropriate responses to be credited):</p> <ul style="list-style-type: none"> <li>patients may forget to fill them in;</li> <li>may fill them in even though they have not completed a session;</li> <li>may lie about their progress;</li> <li>may not be able complete the sheets at the appropriate time each day and forget what has happened (Handout 3)</li> <li>may misjudge the rating of ‘feelings when planning the behaviour’ (Handout 1)</li> </ul>	<b>4</b>

Question	Answer	Marks
1(d)	<p><b>Discuss the advantages and disadvantages of psychological techniques to treat impulse control disorders. You should include a conclusion in your answer.</b></p> <p><b>Marks:</b> Question requires <b>discussion</b>; always <b>plural</b> of each argument, and always requires conclusion.  <b>1 mark</b> for each advantage/disadvantage up to 4 max.  <b>1 mark</b> for conclusion.</p> <p><b>Most likely answer</b> (other appropriate responses to be credited):</p> <p><b>Advantages</b>  once trained, techniques can be applied at home by the client; applied any time, any place, anywhere.  there are no drugs to take and so side effects and no addiction to the drugs.  the technique can be applied to a wide range of different disorders: gambling, sexual paraphilia, trihotillomania, kleptomania, compulsive buying, explosive aggression and compulsive eating behaviour.</p> <p><b>Disadvantages</b>  Time with a therapist is initially much more than that given by a medical practitioner prescribing drugs.  A person may decide to withdraw from treatment to engage in the impulsive behaviour.  Any psychological therapy takes more time than taking a drug at the same time every day.</p> <p><b>Conclusion:</b> any appropriate conclusion drawn from the discussion that has been presented.</p>	<b>5</b>

Question	Answer	Marks
<b>Section A: Stimulus question Psychology and consumer behaviour</b>		
<b>2</b>	<b>In their laboratory experiment Mackay and Olshavsky (1975) state ‘A number of methods can be used for externally measuring a cognitive map.’ The most popular method has been the ‘draw-a-map’ technique.</b>	
2(a)	<p><b>Explain the ‘draw-a-map’ technique.</b></p> <p><b>Marks: 1 mark</b> for basic answer, <b>1 mark</b> for elaboration/example (e.g. drawing of cognitive map).</p> <p><b>Most likely answer</b> (other appropriate responses to be credited):  Participants draw the map in their head;  The drawing will likely include features such as landmarks, paths, nodes, districts and edges (after Lynch)  The drawing will contain errors (e.g. Euclidean bias)  The drawing will be a traditional ‘sketch map’</p>	<b>2</b>
2(b)	<p><b>Describe <u>two</u> ways in which cognitive maps can be measured, other than using the ‘draw-a-map’ technique.</b></p> <p><b>Marks: 1 mark</b> basic answer, e.g. identification, <b>2 marks</b> elaboration · 2</p> <p><b>Most likely answer</b> (other appropriate responses to be credited):  From Mackay and Olshavsky:  Another graphic approach has been to ask subjects to draw lines indicating the distance between pairs of points on a map (Lowrey, 1970). These distances can be used directly to estimate a one dimensional cognitive map, or they can be transformed into a ratio judgment matrix and then scaled to produce a one dimensional map (Torgerson, 1958).  multidimensional scaling uses proximity data to estimate multidimensional maps. There is an extensive multidimensional scaling (MDS) literature in psychology (Nerlove, Romney, Shepard, 1972). The configuration of spatial stimuli are often used as an estimator for a subject’s internal image or cognitive map.</p>	<b>4</b>
2(c)	<p><b>Suggest how ‘draw-a-map’ data could be analysed.</b></p> <p><b>Marks: 1–2 marks</b> basic answer. <b>3–4 marks</b> detailed answer/elaboration.</p> <p><b>Most likely answer</b> (other appropriate responses to be credited):  Sketch maps are not numbers or words but drawings.  Drawings are qualitative data and so relevant analysis aspects apply.  Drawings could be analysed for the items included (such as Lynch’s 5 common elements).  Drawings could be categorised by a number of judges and agreement recorded.</p>	<b>4</b>

Question	Answer	Marks
2(d)	<p><b>Discuss the strengths and weaknesses of data gathered by the ‘draw-a-map’ technique. You should include a conclusion in your answer.</b></p> <p><b>Marks:</b> Question requires <b>discussion</b>; always <b>plural</b> of each argument, and always requires conclusion.  <b>1 mark</b> for each advantage/disadvantage up to 4 max.  <b>1 mark</b> for conclusion.</p> <p><b>Most likely answer</b> (other appropriate responses to be credited):  <b>Strengths</b>  it gives an indication of what is in the mind of the participant, however poorly it is drawn.  it is easy to do, requires little equipment, and takes very little time.  Sketches can be compared at a glance.</p> <p><b>Weaknesses</b>  analysing sketch maps is difficult. There are no numbers or words, just drawings.  sketch maps are prone to many typical sketch map errors such as super-ordinate scale bias.  A sketch map is not a cognitive map.</p> <p><b>Conclusion:</b> any appropriate conclusion drawn from the discussion that has been presented.</p>	<b>5</b>



Question	Answer	Marks
<b>Section A: Stimulus question Psychology and health</b>		
<b>3</b>	<b>‘Please don’t make me sit in the middle!’ Evans and Wener (2007) claim that sitting in the middle seat of a row of three and having their personal space invaded is the reason why people experience crowding and stress on public transport.</b>	
3(a)	<p><b>Explain how salivary cortisol can be used to measure stress.</b></p> <p><b>Marks: 1 mark</b> for basic answer e.g. identification. <b>1 mark</b> for elaboration/example/how it is used.</p> <p><b>Most likely answer</b> (other appropriate responses to be credited): salivary cortisol is a hormone produced in stressful situations (as is adrenaline) saliva sample, collected in a salivette, can record levels of saliva giving an accurate measure of the extent of a stress response.</p>	<b>2</b>
3(b)	<p><b>Give <u>two</u> advantages of measuring salivary cortisol.</b></p> <p><b>Marks: 1 mark</b> basic answer, <b>2 marks</b> elaboration · 2</p> <p><b>Indicative content:</b> salivary cortisol is reliable: all people produce salivary cortisol in stressful situations. Salivary cortisol is ‘objective’; more difficult to be manipulated by a person. Salivary cortisol is easily collected (in a salivette) unlike previous studies where urine samples were collected. Participants are much more likely to participate than if a urine sample was needed.</p>	<b>4</b>
3(c)	<p><b>Suggest <u>two</u> alternative physiological measures of stress and explain why each of these was <u>not</u> used in the Evans and Wener study.</b></p> <p><b>Marks: 1 mark</b> each alternative identified · 2. <b>1 mark</b> each appropriate elaboration · 2.</p> <p><b>Most likely answer</b> (other appropriate responses to be credited): Urine sample – can measure the amount of adrenaline present in urine; not easy to take a sample on a train. People are less likely to agree to this than a saliva sample. Blood sample – can measure the amount of adrenaline present in blood; not easy to take a sample on a train. Taking blood is invasive and people may opt out; taking blood needs a sterile environment – not a train. GSR – can measure changes in skin conductance in stressful situations, but is unreliable.</p>	<b>4</b>

Question	Answer	Marks
3(d)	<p><b>Different ways to investigate stress can be more or less reductionist.</b></p> <p><b>Discuss the evidence that the approach taken by Evans and Wener is reductionist. You should consider both sides of the argument and include a conclusion.</b></p> <p><b>Marks:</b> Question requires <b>discussion</b>; always <b>plural</b> of each argument, and always requires conclusion.  <b>1 mark</b> for each advantage/disadvantage up to 4 max.  <b>1 mark</b> for conclusion.</p> <p><b>Most likely answer</b> (other appropriate responses to be credited):</p> <p><b>Advantages</b></p> <ul style="list-style-type: none"> <li>physiological measures are reliable.</li> <li>physiological measures are relatively more objective than subjective psychological responses.</li> <li>physiological measures provide quantitative data that can be analysed and compared.</li> </ul> <p><b>Disadvantages</b></p> <ul style="list-style-type: none"> <li>physiological measures may not be valid – they may measure stress before the measure is taken or anticipated stress to happen in the future, not the stressful event under investigation.</li> <li>physiological measures do not provide an explanation for the stress response.</li> <li>physiological measures isolate the response at that time and place; other factors may be responsible that are not considered in this study. Sitting in the middle may not be the only stressor for a person.</li> </ul> <p><b>Conclusion:</b> any appropriate conclusion drawn from the discussion that has been presented.</p>	<b>5</b>

Question	Answer	Marks
<b>Section A: Stimulus question Psychology and organisations</b>		
<b>4</b>	<b>The study by Gold et al. (1992) found that the number of shiftwork accidents made by nurses was significantly higher in those working a ‘rotator’ shift. To investigate this further, the researchers sent questionnaires to all nurses. However, only 78% returned their questionnaires.</b>	
4(a)	<p><b>Explain what Gold et al. meant by a ‘rotator’ shift.</b></p> <p><b>Marks: 1 mark</b> for basic answer e.g. identification. <b>1 mark</b> for elaboration/example.</p> <p><b>Most likely answer</b> (other appropriate responses to be credited): A rotator shift is where a worker works, within a month, 4 or more day or evening shifts and 4 or more night shifts. Other shifts patterns include: day/evening only; night, day/evening and occasional night; night/occasional day/evening; part-time rotator.</p>	<b>2</b>
4(b)	<p><b>Give <u>two</u> findings for ‘rotators’ compared with ‘non-rotators’, other than the number of shiftwork accidents.</b></p> <p><b>Marks: 1 mark</b> basic finding/statement, <b>2 marks</b> elaboration, such as inclusion of data, · <b>2</b></p> <p><b>Most likely answer</b> (other appropriate responses to be credited): Rotators had twice the odds of nodding off whilst driving to and from work; when compared to day/evening nurses, rotators had 3.9 times the odds and night nurses had 3.6 times the odds of nodding off while driving to or from work in the preceding year. Rotators had more sleep/wake cycle disruption and nodded off more at work. Nodding off on the night shift occurred at least once per week in 35.3% of rotators, 32.4% of night nurses, and 20.7% of day/evening nurses who worked occasional nights. On the other hand, neither day/evening nurses nor rotating nurses reported significant problems with nodding off on the day or evening shift (rates for nodding off: 2.8% and 2.7%).</p>	<b>4</b>
4(c)	<p><b>Suggest <u>two</u> reasons why only 78% of participants returned their questionnaires.</b></p> <p><b>Marks: 1 mark</b> basic answer, <b>2 marks</b> elaboration, · <b>2</b></p> <p><b>Most likely answer</b> (other appropriate responses to be credited): 36 (4.1%) refused to participate and 155 (17.7%) failed to return the questionnaire. may not see the questionnaire; may see it and complete it but not return it; decide that it does not apply to them; they have something to hide; they do not want to give out personal details.</p>	<b>4</b>

Question	Answer	Marks
4(d)	<p><b>Discuss the advantages and disadvantages of using questionnaires to gather data about accidents in the workplace. You should include a conclusion in your answer.</b></p> <p><b>Marks:</b> Question requires <b>discussion</b>; always <b>plural</b> of each argument, and always requires conclusion.  <b>1 mark</b> for each advantage/disadvantage up to 4 max.  <b>1 mark</b> for conclusion.</p> <p><b>Most likely answer</b> (other appropriate responses to be credited):</p> <p><b>Advantages</b>  Questionnaires can include a wide range of pertinent items that may not be included in a self report of an accident.  Questionnaires can provide quantitative data which may allow comparisons to be made with other accidents of the same type.  Questionnaires can provide qualitative data through open ended questions allowing a worker to report in detail what happened.</p> <p><b>Disadvantages</b>  the questionnaire might be pre-written with items that do not apply or do not cover the specifics of a particular accident.  workers may not answer the questions truthfully if their job is at stake.  Questionnaires may only give quantitative data; an open ended-question may be more revealing  Questionnaires might include leading words.</p> <p><b>Conclusion:</b> any appropriate conclusion drawn from the discussion that has been presented.</p>	<b>5</b>

Question	Answer	Marks
<b>Section B: Design question (a)=10 marks, (b)=8 marks</b>		
<b>5 A person is accused of setting several fires. You have to determine whether they are an accidental firestarter, an arsonist or a pyromaniac.</b>		
5(a)	<p><b>Design an interview to investigate what type of firesetter the accused person is.</b></p> <p><b>Marks:</b> use generic levels of response ‘Design a study’ question part (a).</p> <p><b>Additional:</b> Candidates should design the study showing evidence of design features appropriate to the named method. The named method is: interview.</p> <p>Typical features:  <b>Questionnaires/Interviews:</b> type, setting, example questions.            Scoring/rating scale, analysis of responses.  <b>Typical features of research methodology:</b> sampling technique and sample, type of data, ethics, reliability, validity, data analysis.</p>	<b>10</b>
5(b)	<p><b>Explain the psychological and methodological evidence on which your interview is based.</b></p> <p><b>Marks:</b> use generic levels of response ‘Design a study’ question part (b).            Note: If <b>only</b> methodological or psychological explanation is provided max 5 marks.            Candidates are expected to explain the reasons for the suggested design in part (a). Explanation should be both psychological and methodological.            Psychological to include appropriate theory or research.</p> <p><b>Additional:</b> candidates are expected to justify their decisions or evidence presented regarding the design made in answer to question part (a).</p> <p><b>Syllabus:</b> characteristics of ICDs and non-substance addictive disorder: types: kleptomania, pyromania (Burton et al., 2012) and gambling disorder.</p> <p><b>Psychological:</b>            Not all firesetters have committed arson; most arsonists do not meet the diagnostic criteria for pyromania. In short, firesetting is a behaviour, arson is a crime, and pyromania is a psychiatric diagnosis.  <b>Firesetting</b> is a behaviour that includes both the accidental (e.g., falling asleep with a cigarette) and intentional setting of fires (with or without criminal intent). Intentional firesetting is not always a symptom of underlying psychiatric pathology, nor is it always a criminal act. For example, interest in fire is nearly universal in children, and firesetting is often due to curiosity in this age group.  <b>Arson</b>, a subtype of firesetting, is a criminal act in which one wilfully and maliciously sets fire to or aids in setting fire to a structure, dwelling, or property of another. Individuals with <b>pyromania</b> engage in intentional and pathological firesetting, but do not always commit the crime of arson.            Note: Any additional evidence that is appropriate is to receive credit.</p> <p><b>Methodological:</b> explanation of method using typical features as above.</p>	<b>8</b>

Question	Answer	Marks
<b>6 Most people do not like to queue in a fast-food restaurant.</b>		
6(a)	<p><b>Design a field experiment to investigate which layout design option for a fast-food restaurant produces the least queueing.</b></p> <p><b>Marks:</b> use generic levels of response Design a study question part (a).</p> <p><b>Additional:</b> Candidates should design the study showing evidence of design features appropriate to the named method. The named method is: field experiment.</p> <p>Typical features:  <b>Experiments:</b> type, IV, DV, controls, experimental design.  <b>Typical features of research methodology:</b> sampling technique and sample, type of data, ethics, reliability, validity, data analysis.</p>	10
6(b)	<p><b>Explain the psychological and methodological evidence on which your study is based.</b></p> <p><b>Marks:</b> use generic levels of response ‘Design a study’ question part (b). Note: If <b>only</b> methodological or psychological explanation is provided max 5 marks.</p> <p>Candidates are expected to explain the reasons for the suggested design in part (a). Explanation should be both psychological and methodological. Psychological to include appropriate theory or research.</p> <p><b>Additional:</b> candidates are expected to justify their decisions or evidence presented regarding the design made in answer to question part (a).</p> <p><b>Syllabus:</b> Personal space: defending place in a queue (Milgram et al., 1986); retail/leisure environment design: store interior layout (Vrechopoulos, 2004)</p> <p><b>Psychological:</b> Fast food restaurants, for example, have several different layout options. Some use queues where consumers funnel down into service personnel from a single line (i.e., Wendy’s) while others have multiple waiting lines that form in front of whichever cash registers are in use at that time (i.e., McDonald’s). The same number of consumers waiting to be served will result in a longer line in the first situation than in the second. A research question that could be addressed is, do these alternative waiting strategies influence perceptions of crowding and/or approach-avoidance behaviour? This is also an area that service researchers could investigate since the layout designs used by services are often vastly different from those used by merchandise oriented retailers.</p> <p><b>Methodological:</b> explanation of method using typical features as above.</p>	8

Question	Answer	Marks
7(a)	<p><b>Design an experiment to investigate the effectiveness of a stress inoculation programme to reduce ill health.</b></p> <p><b>Marks:</b> use generic levels of response Design a study question part (a).</p> <p><b>Additional:</b> Candidates should design the study showing evidence of design features appropriate to the named method. The named method is: experiment.</p> <p>Typical features:  <b>Experiments:</b> type, IV, DV, controls, experimental design.  <b>Typical features of research methodology:</b> sampling technique and sample, type of data, ethics, reliability, validity, data analysis.</p>	10
7(b)	<p><b>Explain the psychological and methodological evidence on which your study is based.</b></p> <p><b>Marks:</b> use generic levels of response ‘Design a study’ question part (b).  Note: If <b>only</b> methodological or psychological explanation is provided max 5 marks.  Candidates are expected to explain the reasons for the suggested design in part (a). Explanation should be both psychological and methodological.  Psychological to include appropriate theory or research.</p> <p><b>Additional:</b> candidates are expected to justify their decisions or evidence presented regarding the design made in answer to question part (a).</p> <p><b>Syllabus:</b> management of stress: preventing stress (Meichenbaum, 1985)</p> <p><b>Psychological:</b> Meichenbaum outlines stress inoculation training, designed to prevent stress from being a problem for a person. Three phases of conceptualisation, skill acquisition and rehearsal and relapse prevention.</p> <p><b>Methodological:</b> explanation of method using typical features as above.</p>	8

Question	Answer	Marks
8(a)	<p><b>Design a study using a questionnaire to investigate management perceptions of bullying at work.</b></p> <p><b>Marks:</b> use generic levels of response Design a study question part (a).</p> <p><b>Additional:</b> Candidates should design the study showing evidence of design features appropriate to the named method. The named method is: any appropriate method.</p> <p>Typical features:  <b>Questionnaires/Interviews:</b> type, setting, example questions.            Scoring/rating scale, analysis of responses.  <b>Typical features of research methodology:</b> sampling technique and sample, type of data, ethics, reliability, validity, data analysis.</p>	<b>10</b>
8(b)	<p><b>Explain the psychological and methodological evidence on which your study is based.</b></p> <p><b>Marks:</b> use generic levels of response ‘Design a study’ question part (b).            Note: If <b>only</b> methodological or psychological explanation is provided max 5 marks.            Candidates are expected to explain the reasons for the suggested design in part (a). Explanation should be both psychological and methodological.            Psychological to include appropriate theory or research.</p> <p><b>Additional:</b> candidates are expected to justify their decisions or evidence presented regarding the design made in answer to question part (a).</p> <p><b>Syllabus:</b> Physical and psychological work conditions: psychological: bullying at work (Einarsen, 1999)</p> <p><b>Psychological:</b>            From the study: ‘Bullying occurs when someone at work is systematically subjected to aggressive behaviour from one or more colleagues or superiors over a long period of time, in a situation where the target finds it difficult to defend him or herself or to escape the situation.’ There are different kinds of bullying and there are different ways in which bullying can be measured.</p> <p><b>Methodological:</b> explanation of method using typical features as above.</p>	<b>8</b>



Question	Answer	Marks
<b>Section C: Evaluation question = 12 marks</b>		
9	<p data-bbox="320 315 1203 349"><b><i>‘Electro-convulsive therapy (ECT) is <u>not</u> a cure for depression.’</i></b></p> <p data-bbox="320 383 1254 450"><b>To what extent do you agree with this statement? Use examples of research you have studied to support your answer.</b></p> <p data-bbox="320 483 959 517"><b>Marks:</b> use generic levels of response in table C.</p> <p data-bbox="320 551 1259 618"><b>Syllabus:</b> treatment and management of depression: electro-convulsive therapy.</p> <p data-bbox="320 651 1179 685"><b>Most likely</b> (any other appropriate responses should be credited):</p> <p data-bbox="320 689 376 723"><b>For:</b></p> <p data-bbox="432 723 1302 1025">ECT has a higher success rate for severe depression than any other form of treatment. people who cannot take antidepressants due to problems of health or lack of response and pregnant women who suffer from depression or mania. A patient who is very intent on suicide, and who would not wait three weeks for an antidepressant to work, would be a good candidate for ECT because it works more rapidly. Suicide attempts are relatively rare after ECT.</p> <p data-bbox="320 1059 437 1093"><b>Against:</b></p> <p data-bbox="432 1093 1294 1368">20 to 50% of the people who respond well to a course of ECT relapse within 6 months, a maintenance treatment of antidepressants, lithium or ECT at monthly or six week intervals is given. The scientific evidence regarding the efficacy of the treatment has been firmly established in the professional literature. Short-term memory loss is often reported. Many patients perceive the treatment as terrifying and shameful.</p>	12

Question	Answer	Marks
10	<p><b><i>'To gather data about table spacing in restaurants, online questionnaires are more effective than studying participants in actual restaurants.'</i></b></p> <p><b>To what extent do you agree with this statement? Use examples of research you have studied to support your answer.</b></p> <p><b>Marks:</b> use generic levels of response in table C.</p> <p><b>Syllabus:</b> personal space: space at restaurant tables (Robson et al., 2011)</p> <p><b>Most likely</b> (any other appropriate responses should be credited): Robson et al. (2011) used a web-based questionnaire.</p> <p><b>For:</b></p> <p>sample size can be very large and so the findings would be more representative (Robson et al. had 'more than 1000 participants') there is no restaurant needed (so effective for people who do not like going to restaurants); no tables to be moved; no participants to be experimented on or observed.</p> <p>Data gathered can be quantitative (closed questions / specific type of rating scale) and so statistically analysed; data could also be qualitative with open-ended questions.</p> <p><b>Against:</b></p> <p>sample is self-selecting/volunteers and may not be generalised. There is no guarantee that participants will provide honest answers; may respond to demand characteristics.</p> <p>A questionnaire is 'artificial' in that estimations of distance may be inaccurate. Sitting at actual tables spaced at different distances is real and will produce valid data.</p>	12

Question	Answer	Marks
11	<p><b><i>‘Some studies of patient-practitioner relationships only collect data about non-verbal communications. This is too reductionist to be of any value.’</i></b></p> <p><b>To what extent do you agree with this statement? Use examples of research you have studied to support your answer.</b></p> <p><b>Marks:</b> use generic levels of response in table C.</p> <p><b>Syllabus:</b> practitioner and patient interpersonal skills: non-verbal communications (McKinstry and Wang, 1991)</p> <p><b>Most likely</b> (any other appropriate responses should be credited):</p> <p><b>For:</b></p> <p style="padding-left: 40px;">Isolating specific variables to be studied is of significant value (such as knowing preferred doctor dress style)</p> <p style="padding-left: 40px;">A range of different behaviours cannot all be studied at the same time.</p> <p><b>Against:</b></p> <p style="padding-left: 40px;">isolating specific variables results in any interaction between variables to be missed.</p> <p style="padding-left: 40px;">Specific aspects may not generalise.</p> <p style="padding-left: 40px;">One variable may appear relevant but it becomes much less important when paired with other variables. For example, doctor dress style is important in isolation but may be much less important when related to doctor-centred or patient-centred styles.</p>	12

Question	Answer	Marks
12	<p><b>'Job design techniques always improve job satisfaction.'</b></p> <p><b>To what extent do you agree with this statement? Use examples of research you have studied to support your answer.</b></p> <p><b>Marks:</b> use generic levels of response in table C.</p> <p><b>Syllabus:</b> theories of job satisfaction: techniques of job design: enrichment, rotation and enlargement.</p> <p><b>Most likely</b> (any other appropriate responses should be credited): Satisfaction of job redesign (general term) depends on a number of factors: <b>For:</b></p> <p style="padding-left: 40px;">job enrichment is where workers are given more responsibility in the task they do. This may also include redesigning the task (as they are the user, the expert) or it may involve being responsible for a team of workers completing a task. This should increase satisfaction</p> <p style="padding-left: 40px;">job enlargement allows workers to take on additional and more varied tasks. No change in responsibility or involvement but an increase in workload. May or may not improve satisfaction.</p> <p><b>Against:</b></p> <p style="padding-left: 40px;">job rotation keeps the worker at the same level of responsibility; there is simply a change in task to be done. There is variation and so reduces boredom, but it is unlikely to improve job satisfaction. Rotation done slowly e.g. rotate each month</p> <p style="padding-left: 40px;">Job enlargement may also not improve satisfaction.</p> <p style="padding-left: 40px;">The measure of job satisfaction may have flaws and so workers report negatively.</p> <p style="padding-left: 40px;">There may be other variables within an organisation or within an individual that result in job dissatisfaction such as physical and psychological working conditions, being too qualified for tasks, having a need for intrinsic motivation.</p>	12